



GENERATING CIRCUS HOLIDAYS

THE UK'S LEADING CREATORS OF CONTEMPORARY CIRCUS, The Generating Company are offering two exciting alternative circus holidays at their brand new Creative Centre in the beautiful Dordogne region of South West France.

Guests will be able to participate in a range of activities, from specialist Circus Workshops to taking in the acres of scenery on beautiful dawn walks around the Centre's land, serving to enhance a state of well being and peace of mind.

ADULT CIRCUS RETREAT

4th -10th July

The Adult Circus Retreat will give guests the opportunity to enjoy a week of learning a variety of circus skills while improving health and mental well-being.

Guests will be able to participate in unique and challenging sessions such as tight wire, trapeze and dance, all workshops taken by The Generating Company's team of expert Circus Trainers. These activities will provide guests with a unique way of building self confidence, motor skills, core strength and teamwork, whatever their physical ability. Perfectly balanced, this circus retreat will be a great way to improve overall fitness, whilst having fun learning new skills.

With over a decade of experience in delivering outstanding international circus and training, The Generating Company is committed to providing excellent circus training to all. This an unique opportunity to work professional circus trainers in a stunning purpose built environment.

FAMILY CIRCUS SUMMER HOLIDAY

15 to 21 August 2010 and 22 to 28 August 2010

The Circus Summer Holiday will give everyone the chance to run away and join the circus. This perfect family getaway will focus on learning circus skills alongside play and family interaction.

Whether 6 or 60, each family member will be guided and encouraged at every step by a team of friendly, bilingual circus practitioners who will teach guests skills such as juggling, tumbling, tight wire and much more. These skills are a great way for children and adults to improve their motor-skills, coordination and team work, making this holiday a unique opportunity both to have fun and learn together as a family.

For more information please visit The Generating Company's website:

www.generatingcompany.co.uk

or telephone

020 7093 3204.